



T.S.A.V. Parcival  
Academielaan 5, 5037 ET Tilburg  
Website: <https://www.parcival-atletiek.nl/>  
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# Code of Conduct

At T.S.A.V. Parcival we strive for a respectful and safe environment for all our members. For this reason, the following Code of Conduct (gedragsregels) has been written in accordance with the trainers from the Sports Center as well as the guidelines of the CVSNI (Centrum Veilige Sport Nederland, Centre for Safe Sport in the Netherlands), <https://centrumveiligesport.nl/> (in Dutch). The rules laid out in the Code of Conduct are applicable to all members of T.S.A.V. Parcival.

## General

1. Every member is expected to take note of the rules as laid out in this document (code of conduct), the articles of association (*statuten*) and any other (verbal) agreements made, and should act accordingly.
2. Violence of any kind, be it mental or physical, as well as transgressive behavior, is strictly forbidden.
3. Members are to treat each other with respect at all times.
4. Members are to respect each other's privacy.
5. The language of communication at training sessions and activities is English.
6. Sexual misconduct is strictly forbidden and will not be tolerated.
7. Every member is expected to handle alcohol responsibly.
8. The use of drugs, including alcohol and tobacco is prohibited for anyone under 18 (as per Dutch law).
9. The use of soft drugs as defined by Dutch law (e.g. hash, marijuana, sleeping pills and sedatives) is strongly discouraged.
10. The use of hard drugs as defined by Dutch law (e.g. heroin, cocaine, and crystal methamphetamine) is strictly forbidden.
11. Members are expected to follow the laws of any country Parcival is present in with their members.
12. Every member is expected to meet their financial requirements.
13. Every member is expected to treat the property of others with respect. Under no circumstances shall any kind of theft or damages be tolerated. Appropriate action will be taken against larceny and/or misuse of Association property.
14. Under no circumstances should a member be pressured to take part in an event against their will.



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15. Under no circumstances should a member be pressured to consume anything against their will, including alcohol and any other type of drugs.
16. Every member is required to notify the board and/or the organizing committee of health issues when they could affect upcoming events.
17. Violations of any code of conduct need to be reported to the board and/or the VCP (vertrouwenscontactpersoon, i.e. confidant)

## Trainings

18. Training sessions are the responsibility of the Sports Center of Tilburg University. Participants of the training (hereafter participants) must adhere to the Sports Center's regulations at all times.
19. Participants are required to register for the training in advance in the Sports Center app and scan the QR code at the Sports Center upon arrival.
20. Participants show up on time. If the participant shows up after the training start time, it is possible that the group has already left. In that case, the participant may inquire the group's location by asking in the WhatsApp chat "International Runners".
21. Participants wear sportswear and proper running shoes during the training.
22. At the trainings in the fall and winter, participants make themselves visible to others on the road, for example by wearing fluorescent shirts or vests or by using lights.
23. During training sessions, participants will treat the other participants with respect. This includes respecting everyone's boundaries.
24. At any time during practice, instructions from (assistant) trainers/coaches are to be followed. (Assistant) trainers/coaches are to be treated with respect.
25. (Assistant) trainers/coaches are expected to treat members with respect, and to put in the necessary effort when giving training.
26. The training on Mondays and Thursdays are primarily for beginners and performance is not the goal, though positive and athletic effort is expected.

## Photos and Videos

1. During training sessions and activities photographing and filming other members and/or participants is only permitted if they have given exclusive permission in advance.



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2. Sharing photos and videos on social media of other members or participants also requires prior permission from the persons concerned.
3. Visual material heard on behalf of T.S.A.V. Parcival must also comply with this requirement. Therefore before each activity organized by Parcival, attendees can share their preferences via a quitclaim.

## Board

27. Board members are required to act in the best interest of the association and are transparent in their actions and decision-making process.
28. Board members will handle sensitive, confidential and/or private information with the utmost care and respect.
29. Board members will take any report(s) of (a) violation(s) of the code of conduct extremely seriously and will act accordingly.
30. The board should at all times strive to create a safe, fun, and welcoming environment for all its members.
31. The board is to follow the 'Meldcode Grensoverschrijdend gedrag in de sport' (regulations on reporting transgressive behaviour in sport) as set out by the CVSN (Centrum Veilige Sport Nederland, Centre for Safe Sport in the Netherlands) whenever the board becomes aware of a violation of the code of conduct, [https://centrumveiligesport.nl/media/1034/181119\\_de-meldcode-gog-en-meldplicht-si-sport\\_def.pdf](https://centrumveiligesport.nl/media/1034/181119_de-meldcode-gog-en-meldplicht-si-sport_def.pdf) (in Dutch).
32. The board ensures that all rules, regulations and other agreements are to be followed and enforced.

## Confidant (*VCP, vertrouwenscontactpersoon*)

33. Each year, T.S.A.V. Parcival appoints two confidants, preferably ones of opposite sex. Members are being encouraged to contact these confidants about any matter at any moment they find appropriate.
34. The confidant(s) follow courses to prepare them for their roles, such as the training sessions provided by Centrum Veilige sport Nederland, and act accordingly.
35. Members are expected to be honest and truthful when filing complaints with the VCP.
  - a. If the VCP has reason to suspect an untruthful complaint, they are to investigate to the best of their ability.



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- b. If the VCP comes to the conclusion that a complaint is untruthful, they are to communicate this to the current board. It is then up to the current board to decide on disciplinary action.